

The following picture visualises what you need to do, what to avoid and what to have at hand when developing a Mind Map.



Follow these instructions to create your own Mind Map:

- 1 Start in the centre with a keyword or image that represents your topic
- 2 Put the different elements of your dream around the central image
- 3 Connect the words through curved and thick lines directly to the central image. Make branches curve and flow
- 4 Add one or more words to one main word and link it again with branches, curves or flows. Wherever possible, use just key words on each line. Use lower and UPPER case letters to emphasise specific words.
- 5 Use colour throughout
- 6 Add images and symbols like ☺ to help your brain remember the elements better
- 7 Use boxes add depth around the word or image
- 8 Develop your own personal style of mind mapping

Have fun! This exercise is to think creatively and out-of-the-box!